

A high-speed connection to specialists across California



Introducing Telehealth, a faster, more convenient way of accessing specialty care

Blue Shield's mission is to ensure all Californians have access to high-quality health care at an affordable price. And now with Telehealth, we're able to offer PPO and Medicare Supplement plan members access to state-of-the-art specialist care via video technology. Telehealth saves members the time, cost and stress of traveling to an appointment far away.

Each Telehealth visit:

- Is guided by a care coordinator who allows members to see and talk with a specialist in real time
- Provides integrated and coordinated care across a member's care team
- Ensures privacy with a highly secure, encrypted connection
- Features a specialized telemedicine cart that includes a high-definition camera, diagnostic scopes and vital-signs monitors to send images and sound readings
- Provides specialist care without having to travel far away
- Is covered as a network benefit regardless of the clinic location

Specialist care offered at Telehealth sites:

- Cardiology
- Dermatology
- Endocrinology
- Neurology
- Pulmonology
- Rheumatology
- Orthopedics
- Infectious disease
- Gastroenterology
- Hematology/Oncology

What Telehealth specialists are saying

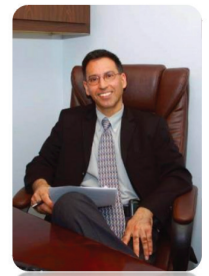
“ I want to ensure that quality specialty services, such as cardiology, are available in rural areas.”

Dr. Arsen Hovanesyan, M.D.



“ I have always been passionate about the use of technology-based communication and am happy to contribute using state-of-the-art technology.”

Dr. Saied Safaee-Semiromi, M.D.



Telehealth specialists are Adventist Health physicians who are contracted in the Blue Shield network. Members can get a referral from their personal physician or self-refer. To learn how Blue Shield offers state-of-the-art access to quality care with Telehealth, visit blueshieldca.com/telehealth.

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